

The Home Med Study  
(Interdisciplinary Deprescribing via Telehealth in Home Health Care:  
An Intervention Development Study)

**Principal Investigator:** Jinjiao Wang, PhD, RN

**INFORMATION SHEET FOR MULTIDISCIPLINARY PROVIDERS AND  
HOME HEALTH NURSES AND MANAGERS**

This form describes a research study that is being conducted by a research team led by Dr. Jinjiao Wang from the University of Rochester's School of Nursing.

The purpose of this study is to learn from health care professionals such as yourself in the acute, post-acute and primary care, and home health care. We are interested in learning your thoughts on:

- polypharmacy in home health care,
- the idea of reducing or stopping certain medications that are no longer needed or without clear benefits to the patient, and
- the best way to do so through multi-setting and multi-disciplinary collaboration.

Your input will help us design a home health-based, interdisciplinary, telehealth-delivered deprescribing intervention that can reduce or stop the intake of unnecessary medications.

If you decide to take part in this study, you will be asked to participate in “concept mapping” – where you will organize and rate statements about medication use. We might also contact you to see if you are interested in joining another part of the study that is an interview.

In the concept mapping activity, you would:

- Help organize and rate statements that others have made about stopping or reducing certain medications.

If you take part in the interview, you would be asked to share your thoughts on:

- the idea of reducing the number of prescribed medications that patients take, particularly medications that are unlikely to be helpful and no longer needed;
- the idea of using “telehealth” (which could mean things like video-conferencing over the internet) as a way for patients to work with their health care providers on reducing the number of medications that people take while in home health care;

We estimate that up to 60 (sixty) people will take part in this study. Your participation will last about 1 to 1.5 hours in the concept mapping, including the possibility of completing it with multiple attempts with autosaved progress for each attempt. Should you also choose to participate in the interview, your participation in the interview will last up to 1 hour. If you participate in both parts of the study, it would take about 2 to 2.5 hours in total over several months.



There are no direct benefits for your participation in the study. However, there may be some greater benefit to society over time if a usable intervention of this type can be developed. Risks are minimal if you take part in this study. You are free not to answer any of the interview questions if you choose. You are free to withdraw from the study at any time.

The University of Rochester is receiving payment from the Alliance for Home Health Quality and Innovation (AHHQI) for conducting this research study.

You will receive \$50 for completing the concept mapping, and another \$50 for the interview, so that the maximum payable to you if you participate in both parts of the study would be \$100. When you use your computer, you will need to have your own internet connection and would be responsible for that cost.

We use a subject payment system called Advarra Participant Payments. You can choose one of three ways to be paid. You can choose: a reloadable debit card; direct deposit; or mailed paper check. Once you inform the study staff of your choice, the study staff will enter your information into the Advarra payment system. This includes your date of birth and possibly your email and mailing address. If you choose direct deposit as your payment option, **you** will need to enter your banking information after we have created your account. Study staff will not have access to your banking information. If you already have an Advarra account (because you are in another study that uses this system), your existing information will be used to provide payment by the method you have already chosen. An **Information Sheet** will be provided to you.

Payment received for participation in research is considered taxable income. If you receive \$275 or more from your study in one calendar year or \$600 collectively from multiple University of Rochester studies in one calendar year, a W-9 will be collected from you.

If you receive \$600 or more in any one calendar year from UR or its affiliates, the University is required to report this information to the Internal Revenue Service (IRS) in a 1099 (Miscellaneous Income) form. You will be sent a copy of this form and a copy will be sent to the IRS.

We will send you email to provide you with links to all Zoom discussions in which you participate.

You will receive communications about this study via email and indicating your consent to participate in this study means you also agree to the use of email for communicating with the study team. Email communications between you and the study team may be filed in your research record.

Email communications may be sent or received in an unencrypted (unprotected) manner. Therefore, there is a risk that the content of the communication, including your personal



information, could be shared beyond you and the study team. Your consent indicates that you understand this risk. The University of Rochester is not responsible for any interception of messages sent through email/text.

All interviews will be recorded in a HIPPA-compliant manner so that we can be sure to accurately collect the information you share with us, and the recording will be deleted from the recorder after it is stored on a secure computer in the School of Nursing. No information that might identify you will be included when the recording is transcribed for analysis.

Your participation in this research study is completely voluntary.

We will use your screening and concept mapping information to conduct the study. If you also participate in the interview, we will use that information to conduct the study. We will keep the information we collect about you until the completion of the study.

For more information or questions about this research, you may call Jinjiao Wang at 585-275-8116 ([jinjiao\\_wang@urmc.rochester.edu](mailto:jinjiao_wang@urmc.rochester.edu)); Judy Brasch at 585-275-6629 ([Judith\\_brasch@urmc.rochester.edu](mailto:Judith_brasch@urmc.rochester.edu)); Marian Moskow at 585-273-2699 ([Marian\\_moskow@urmc.rochester.edu](mailto:Marian_moskow@urmc.rochester.edu))

Please contact the University of Rochester Research Subjects Review Board at 265 Crittenden Blvd., CU 420628, Rochester, NY 14642, Telephone (585) 276-0005 or (877) 449-4441 for the following reasons:

- You wish to talk to someone other than the research staff about your rights as a research subject
- To voice concerns about the research
- To provide input concerning the research process
- In the event the study staff could not be reached

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